

UNDERSTANDING YOUR TRICARE® OPTIONS



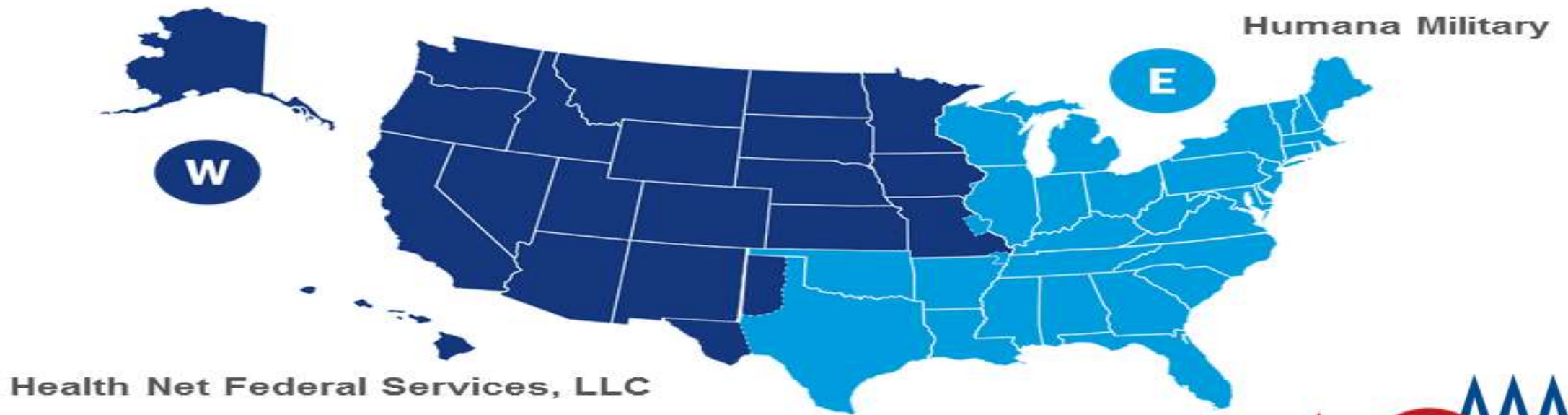
WHAT IS TRICARE ® ?

- TRICARE is the Department of Defense's (DoD) worldwide health care program for active duty and retired uniformed services members and their families.
- Eligibility for any TRICARE program is contingent on enrollment and eligibility in the Defense Enrollment Eligibility Reporting System (DEERS).
- DEERS indicates the dates of eligibility for each beneficiary.
 - Eligibility for specific TRICARE programs varies.





TRICARE Stateside Regions



US Family Health Plan (USFHP)

USFHP Service Areas



- TRICARE Prime option
- Six service areas
- Must enroll
- May not get care at military hospitals or clinics or use military pharmacies



THE TRICARE® OPTIONS

TRICARE Prime (managed care option)

TRICARE Select (fee for service option)

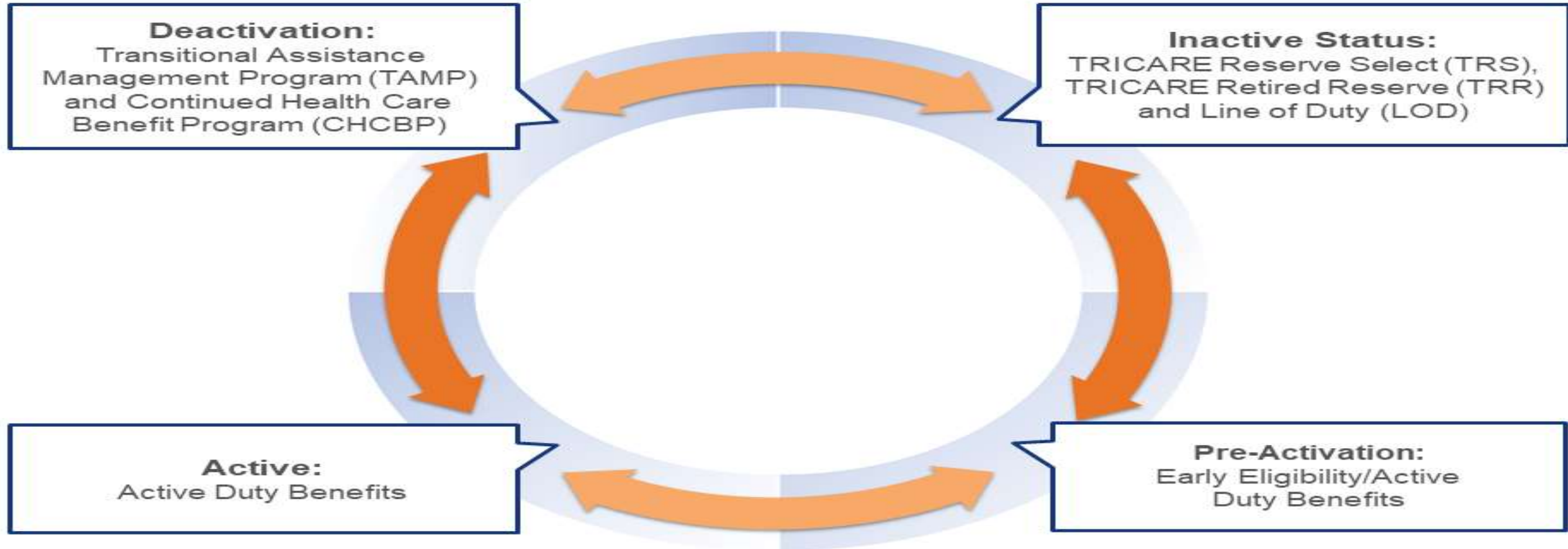
TRICARE Reserve Select (TDG Soldiers)

TRICARE for Life (Medicare primary, over age 65 with Medicare Parts A and B)

TRICARE Prime Remote (Active Duty on remote assignment)



Coverage Lifecycle




TRICARE PRIME® (STATESIDE)

- TRICARE Prime is a managed care option available in Prime Service Areas*.
- Enrollment is required; some beneficiaries pay annual enrollment fees.
- Meets or exceeds the requirements for minimum essential coverage.

Prime Service areas are defined by the DoD. Only approved zip codes and or areas offer TRICARE Prime as an option.

TRICARE® PRIME ELIGIBILITY REQUIREMENTS

- Active duty service members and their families
 - Retired service members and their families*
 - Activated, called or ordered to active duty service for more than 30 days in a row.
 - Non-activated Guard/Reserve members and their families who qualify for care under the Transitional Assistance Management Program.
 - Retired Guard/Reserve members at age 60 and their families*
 - Survivors/ Medal of Honor recipients and their families/Qualified former spouses
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TRICARE SELECT

TRICARE Select is a fee-for-service plan available in the United States.

- You must show eligible for TRICARE in the Defense Enrollment Eligibility Reporting System (DEERS) A database of information on uniformed services members (sponsors), U.S.-sponsored foreign military, DoD and uniformed services civilians, other personnel as directed by the DoD, and their family members.
- You need to register in DEERS to get TRICARE. and enroll annually.
- Enrollment is required
- Meets or exceeds the requirements for minimum essential coverage.
- Basic health care coverage that meets the Affordable Care Act requirement. under the Affordable Care Act.

TRICARE IMPORTANT INFORMATION

- Updating your contact information in the **Defense Enrollment Eligibility Reporting System (DEERS)** for you and your family
- Go to www.dmdc.osd.mil/milconnect
- www.tricare.mil/changes
- Call **1-800-538-9552** (TTY/TDD: **1-866-363-2883**)
- Fax updates to **1-831-655-8317**
- Signing up for eCorrespondence in **milConnect**
- Log in to **www.dmdc.osd.mil/milconnect** and update your profile

ANY QUESTIONS?



US FAMILY HEALTH PLAN

A TRICARE PRIME Option for military families

**Presented by US Family Health Plan Saint Vincent
Catholic of New York**

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US FAMILY HEALTH PLAN



US Family Health Plan (USFHP) has been a permanent component of the Military Health System since 1981; providing TRICARE Prime coverage to active duty family members, retirees, and their eligible family members



Offers managed care model similar to a civilian health maintenance organization (HMO)



Member-selected Primary Care Provider (PCP) delivers most healthcare services; coordinates all other aspects of member's healthcare needs



PCP refers members for specialty care as needed

Offers network of credentialed providers and facilities



US FAMILY HEALTH PLAN BENEFITS



- Routine and preventative healthcare services



- Free prescription eyeglasses

- Over 15,000 credentialed providers to choose from



- Easy referral process

- No cost shares to pay

- No claims forms to complete



- Zero or low co-pays for prescription medications

- World-wide emergency care coverage

- 24/7 Nurse Advice Line

- Pharmacy co-pays





OUR NETWORK

www.usfhp.net/find-a-provider/



**US FAMILY
HEALTH PLAN**





The Children's Hospital
of Philadelphia®



Oxford Hospital · New Milford Hospital · Norwalk Hospital



Questions?